



Tampa Bay Chapter

P.O. Box 7034
Brandon, Florida 33508
www.bpusatampabay.com

*This newsletter is lovingly
sponsored by the families of:*

*Michael David Holmberg &
Lisa A. Wilson*

MEETING INFORMATION

Regular Monthly SUNDAY Meeting

(held the second Sunday of the month)

Sundays, March 12 and April 9, 2017

6:30-8:30 PM

St. Joseph's Hospital

Medical Arts Building, Auditorium

3001 Martin Luther King Jr. Blvd., Tampa, FL

Call Lori Scragg at 813-361-2946

for directions or information.

Regular Monthly DAYTIME Meeting

Riverview/Gibson/Brandon areas

(held the second Friday each month)

Fridays, March 10 and April 14, 2017

10:00 AM to Noon

New Hope United Methodist

Church Office Bldg

120 N Knights Ave, Brandon, FL

Call Debbie Nemitz at 813-501-9567

for directions or information.

Regular Monthly NIGHTTIME Meeting

Riverview/Gibson/Brandon areas

(held the last Thursday each month)

Thursdays March 30 and April 27, 2017

6:30 PM to 8:30 PM

New Hope United Methodist

Church Office Bldg

120 N Knights Ave, Brandon, FL

Call Charles L'Homme at 813-335-7628

for directions or information.

(note: Church is the same but just
changed their name)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
March 2017						

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						
April 2017						

4th Annual Butterfly Release

May 7th from 2 PM to 3:30 PM

Angel of Hope

Riverside Park

201 Riverhills Drive

Temple Terrace

\$10.00 per butterfly

Gift Baskets will be raffled off

RSVP to Lori Scragg by 4/15/17 to place

Order (813)361-2946 and then send

payment to our P.O. Box

Chapter News

Angel of Hope Information

www.angelofhopetampabay.com

Located at :

*Riverside Park
201 Riverhills Drive,
Temple Terrace*

Mailing Address:

*P. O. Box 2573, Lutz, FL 33548
813.625-1468*



www.angelofhopetampabay.com/

Telephone Friends

Need to talk? Having a bad day? Call one of our Telephone Friends. They're here to lend a knowing ear because they've been there. Don't hesitate to call, we understand.

Debbie Nemitz (General Information

and Long Term Illness) (813) 501-9567

Sue Bowditch (Adult Child) (813) 390-9734

Theresa Farmer (Homicide) (813) 994-0707

Sandy Boehning (Grandparent) (813) 989-3255

Charles L'Homme (Accidental Death) (813) 335-7628

Barbara or Tommy Dietrich (Death of an Only Child) (813) 340-9120

Julie Woofter (Suicide) (813) 754-4848

Serena Graves (Sibling Contact) (813) 810-7169

Rita Zvada (Se Habla Espanol) (813) 961-1011

Crisis Center 211

Love *Gifts*

Love Gifts-A Thoughtful Way to Remember

Love Gifts are a beautiful and loving way to remember a loved one. Through Love Gifts, we are able to reach out to others with our brochures and newsletters as well as obtain books and other information for our library. We truly appreciate every Love Gift, donation and sponsorship. Our Chapter work is done by volunteers and these donations help us reach out in many ways.

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PRICE ADJUSTMENT TO Sponsor A Newsletter Page

Since we no longer print the newsletter, we have decided to reduce the costs of the memorial pages. Anyone can sponsor a page in this newsletter in memory of their child. The price for a **full page is \$30** which includes photographs and your tribute to your child (poems, stories or whatever you like). You may also choose a **half page for \$15**. Your contribution supports the chapter.

As an incentive to have more help to run the chapter, we are giving all of the steering committee members one free page each year.

To sponsor a newsletter page, contact Debbie Nemitz @ 813-501-9567 or at debbie.bpnews@gmail.com. Please note that sponsorship pages are **due by the 25th of the month BEFORE the publication month.** We publish every 2 months.

Refreshments

Some of us like to remember our child's birthday or the anniversary of his or her death by bringing a cake or cookies to the meeting that month. We would appreciate having you bring a special treat to any meeting. You may also want to bring and share a picture of your child.

Newsletter Articles or Contributions

Have you written a poem or article about your bereavement process? Would you like to share it in the newsletter? We are looking for article submissions every month from members of our chapter. Articles will be edited if needed. Please contact Debbie Nemitz @813-501-9567 or debbie.bpnews@gmail.com if you have any questions.

We wish to say thank you to
Sandy Boehning for making
a contribution in memory of
her granddaughter
Caylee Marie Cepero
9/3/2000 - 3/8/2005



bereaved parents usa
national gathering
august 4-6, 2017 | washington, dc
www.bereavedparentsusa.org

Listen to ***“Hope, Healing & Help”***
every Saturday from 11:00 til noon
Pacific Time on KFIA 710AM
Sacramento or
www.kfia.com. Can't listen in at
that time? All of their programs
are available to listen to on their
website,
www.hopehealinghelp.com.

I want to let new members know that if you want your child listed in the newsletter during their birth and anniversary months, I need to hear from you. I need their full name, dates of birth and death and names of parents or siblings or even grandparents you want listed. In particular I felt badly because **Rose Ford's daughter Kelli was born 4/20/88 and died 11/10/16**. She wasn't listed as I didn't have all the necessary information

The Angel of Hope

is holding their

11th Annual Spring Tea

April 29, 2017

9:30 AM to 12:30 PM

At the Holiday Inn Tampa Westshore

\$35.00 per person/\$280 per table

Raffles, Silent Auction & great entertainment

Register in advance and before April 20th

Call Jackie Loadholtz 813-625-1468

GRIEF

is a river you wade in until you get to the other side.
But I am here, stuck in the middle, water parting
over the flat rocks. I'm not able to lift a foot,
move on. Instead, I'm going to stay here
in the shallows with my sorrow, nurture it
like a cranky baby, rock it in my arms.
I don't want it to grow up, go to school, get married.
It's mine. Yes, the October sunlight wraps me
In its yellow shawl, and the air is sweet
a golden Tokay. On the other side,
there are apples, grapes, walnuts,
and the rocks are warm from the sun.
But I'm going to stand here,
growing colder, until every inch
of my skin is numb. I can't cross over.
Then you really will be gone.

By: Barbara Cooker



Our Children . . . Remembered

So long as we live, they too shall live ... For they are a part of us as we remember them.

March Birthdays

Berry, Michelle
3/8/1967 - 4/2/2003
P-Joanne & Lawrence Ouellette
B-Russ, David, Scott & Joe
S-Denise Volo
Son-Bobby

Booker, Michelle Elizabeth
3/25/1987 - 12/1/2004
P-Michael & Bonnie Booker
B-Justine & Dillon Booker
GP-Betty Nichols and
Ed & Janice Falcon

Buchanan, Sierra Lan
03/07/96 - 05/25/96
P - Kim & Bryan Buchanan
S - May Linh Buchanan

Clark, Kellen William
3/16/82 - 4/15/02
F - Bill Clark

Combs, Phillip J.
3/24/1986 - 6/12/2004
P-Lisa Pyche' & Phil Combs
B-Travis Combs
GP-Thomas & Sharon Pyche'

Cooley, Malena Rose
3/23/1998 - 9/4/2000
P - Scott & Traci Cooley
B - Nolan
S - Madelyn & Olivia

Cowen, Chad
3/31/1973 - 6/7/1997
P - Mary "Pete" & Mike Cowen
S - Tiffany Larson

Darby, Marc Steven
3/25/1986 - 12/12/1998
P - Steve & Lori Darby
S - Cody, Austin, Benjamin Darby
GP - John & Linda Darby

Dixon, Austin Ryan
03/18/97 - 05/18/98
P - Carrie & Robert Dixon
S-Sara Ryan Dixon

Ellington, Timothy
03/06/62 - 05/25/91
F - Ron Ellington

Fernandez, Karen Irene
03/08/68 - 08/23/88
M - Violeta "Cookie" Fernandez
B-Rik Fernandez

Griffis, Julia Rose
03/05/92 - 03/05/92
P - Bruce & Kathy Griffis

Gugliotta, Dan & Nadine
3/26/1976 - 10/14/2003
P-Dan & Nadine Gugliotta
Son-Jason

Howard, Christopher L.
3/27/1975 - 5/18/2000
M-Cay Pelaez

Joseph III, Andrew
3/30/99 - 2/7/14
P - Deanna & Andrew Joseph Jr

Landrum, Mark
03/03/79 - 06/24/94
M - Joan Landrum Adams-Hilliard
F - Steve Landrum
B - John Landrum

Lavin, Kevin Joseph
03/24/80 - 03/30/95
P - Kathy & Mike Lavin
S - Maggie & Kaitlin Lavin
Gdm - Catherine Lavin

Lespinasse, Bryan
3/8/1991 - 12/27/2004
M-Margarett Lespinasse

Mink-Miller, Deborah
3/26/1965 - 9/27/1991
M-Diane Mink
S-Renee Mink Crosby

Pegram, Robin Sue
03/13/73 - 12/05/93
P - Earl & Susan Pegram
S - Jodi Pegram
B - Scooter & Craig Pegram

Prescott, Alexandria
3/25/1990 - 6/28/2017
Stephanie & Tracy Knox

Rainey, Wendy Michelle Price
3/7/1968-9/27/2006
M-Shelia Farmer (Lassiter)
B-Peter Price
S-Emily Furst

Rayburn, Geoffrey (Jeff) Ware
3/2/1970 - 10/15/1995
P-Robert and Sue Moos
B-Bobby Moos
S-Amy Rayburn
GP-Richard & Jeannette Roberson and
Josephine Rayburn

Rogers, Dayna Andrew
3/12/1973 - 11/27/1994
M - Linda Heatherly
S - Misty Walker & Amber Roger

Simone, Benjamin Arthur
3/29/1975 - 10/10/1997
P -David & Kathy Simone
S -Dawn Figueroa

Tucker, Vince
3/8/1972 - 4/26/2005
M-Glenda Tucker
A-Judith Gude



March Anniversaries

Banda, Selena
7/6/2002 - 3/4/2004
P - Richard & Susan Banda

Byda, Hanna Douglas
7/25/2005 - 3/19/2010
P - Erica Buhrke & Fred Byda

Cepero, Caylee Marie
9/3/2000 - 3/8/2005
P - Dawn and Lee Cepero
B - Corbin
S - Kennedy
GP - Sandy Boehning

Clark, Deborah Denise
1/19/1969 - 3/23/2002
M - Ethel Helms
S - Valencia Clark
B - James Jr. & Jerel
GP - Luella Buford & John L. Clark

Collum, Brian H.
5/11/1965 - 3/7/2005
M - Diana Reams
B - Reid Collum

Durcan, Andrea Lynn
01/15/1991 - 03/31/1991
P - David & Dixie Durcan
S - Lindsey & Lauren Durcan
GP - Marie B. Corcoran

Ferrera, Crista J.
8/23/1975 - 03/11/1997
P - Nelson & Guisela Ferrera
B - Paolo Ferrera
GM - Magda Alvarez
Aunt - Mirta Diaz
Uncle - John Ferrera

Gallian, John Charles
8/8/1963 - 3/21/1998
M - Virgian Gallian
S - Paige Mask

Gochenaour, Laci
02/15/91 - 03/23/98
P - Kelli & Chris Gochenaour
S -Jacee & Riley Gochenaour
GP - Ronald & Clarine Barton
M - Pat Dukes

Gould, Richard J.
9/26/1981 - 3/3/2001
M - Cindy Phelps-Wise
F - Ralph Gould
B - Ryan, Bryan & Mark
S - Karen

March Anniversaries cont'd

Griffis, Julia Rose
03/05/92 - 03/05/92
P - Bruce & Kathy Griffis

Holmberg, Michael David
05/15/1976 - 03/02/2011
M - Mary Ellen Holmberg
B - Kristian Holmberg, &
Stephen Holmberg

Kinchen, Kevin
5/18/1985 - 3/16/2008
P - Eugene & Cynthia Kickner
W - Chelsey Kinchen
D - Kaylee, Tessa
S - JoyKay & Hailey Kinchen
B - Robert Kinchen

L'Homme, Ryan
4/16 /81 - 3/23/00
P - Charles & Teresa L'Homme
S - Cortney L'Homme

Lavin, Kevin Joseph
03/24/80 - 03/30/95
P - Kathy & Mike Lavin
S - Maggie & Kaitlin Lavin
Gdm - Catherine Lavin

Marchetti, Katie
8/4/1989 - 3/4/2006
P - Vin & Laura Marchetti
B - Andrew Marchetti

Nichols, Shannon Jr.
10/5/1979 - 3/29/2004
M - Terrena Nichols
F - Shannon Nichols
S - Brandy & Melissa Nichols

Pfister, Megan Lynn
5/2/1990 - 3/3/1999
P - Frank & Stephanie Pfister

Regis, Chad
4/7/1971 - 3/22/2005
P - Ray & LaRae Regis
GP - Bea Forbes

Rivera, Erick
6/4/1988 - 3/21/2010
P - Maricela & Jose Rivera

Robertson, Ty Kristan
2/4/1979 - 3/29/2003
P - Jim & Teresa Farmer
S - Toni, Danielle Robertson
B - Chris Farmer
GM - Wanda Warren
Children - Taylor Morris, Trystan &
Jordan Robertson

Rogers, Jason R.
01/08/78 - 03/21/90
P - James Roy & Elaine Rogers
B - Justin & Jacob Rogers
GP - Arthur & Ethel Fernandez

Rose, Kailyn Dyann
8/22/2000 - 3/4/2003
M - Evelyn E. Rose

Sasnett, Debbie Powell
12/14/1956 - 03/31/2000
P - Jackie & Billy Powell
B - Debby & Tony
S - Penny

Sluder, Kathryn Elizabeth
8/31/1966 - 3/16/2002
P - Tom & Judy Sluder
Son - Israel
S - Theresa
B - Tom III & Keith
N/N - Brandon & Brandy,
Keith II & Miranda

Tarez, Kami
7/1/1980 - 3/1/2006
M - Leigh Tarez

Todd, Joan
4/22/1960 - 3/12/2004
M - Mary McCord

Zalewski, Christine
5/2/66 - 3/3/13
P - Louie & Eileen Zalewski



April Birthdays

Alvarez, Dean
4/28/1965 - 6/12/2000
M - Diana Stenglein
B - Nadie Alvarez
S - Athena & Lynette Alvarez

Bliss, Lindsay Rebecca
4/26/1977 - 12/1/1991
P - Jim & Mary Beth Bliss
S - Shannon Bliss

Buckley, Deja'
4/26/2001 - 4/26/2001
P - Lisa John & Wade Buckley

DeRoche, Cameron Gaines
04/11/89 - 01/25/95
P - Peggy & Karl DeRoche
S - Mary Amber DeRoche

Geiger, Jacob
4/9/2003 - 4/9/2003
M - Darla Geiger
B - Jared Geiger
S - Brooke Geiger
GP - Kenneth & Barbara Dykes

Gladen, Renee' Rose
4/21/1961 - 11/17/1999
Sister - Diana Gladen

Hamm, Rusty
4/23/1960 - 4/2/2004
P - Ramon & Rita Hamm
Spouse - Joy St. Martin
Daughter - Sydney Hamm

Heath, Austin Noah
4/6/2000 - 7/4/2000
P - Isaac Heath & Regina Jacobs
GM - Gigi Schools

Hines, Heather
4/28/1975 - 11/25/1998
M - Sue Hines

Holdren, Scott
4/10/1986 - 5/31/2007
M - Donna Henry

Horst, Trey
4/16/1974 - 9/8/2000
P - Art & Linda Horst
B - Todd & Thad
S - Trisha & Tammy

Jakenbowski, John
4/18/1968 - 1/15/2008
M - Marsha Shemela
B - Jason Jakenbowski

L'Homme, Ryan
4/16 /81 - 3/23/00
P - Charles & Teresa L'Homme
S - Cortney L'Homme

Littlechild, Will
4/6/1979 - 7/4/2008
M - Lula Richardson
S - Patricia Littlechild

Martinez, Joseph D.
4/23/1972 - 10/13/2007
M - Josie Martinez
S - Patty Camunas

Mohammed, Ian Roger
04/19/73 - 08/02/92
P - Judy & Rick Mohammed
S - Alison Mohammed
B - Cameron Mohammed

Mosquera, Brando J.
4/3/85 - 6/15/13
P - Yolanda ^ Ozzie Patino
S - Samantha-Rose Patino
GP - Rosa abd Ralph Lucerna

Nadir, Peter
4/6/1971 - 2/8/2003
M - Barbar Nadir
S - Sue McFowan

Nelson, Bella
2/4/2004 - 4/26/2010
M - Cyndi Nelson

Noriega, Aiden
4/4/2001 - 6/18/2001
P - Rick & Ethal Noriega

O'Connor, Ashley Lauren
4/12/1991 - 4/8/1996
M - Pamela Hite-Bocchino
B - John O'Connor
GM - Victoria Hite

Pegram, Baby Boy
4/1976 - 4/1976
P - Earl & Susan Pegram
S - Jodi & Robin Pegram
B - Scooter & Craig Pegram
GP - Betty Jennings

Pegram, Jodi E.
04/06/70 - 07/22/01
P - Earl & Susan Pegram
S - Robin Sue Pegram
B - Scooter & Craig Pegram

Rardin, Kelly Rose
04/17/1993 - 04/17/1993
M - Lori Rardin

Regis, Chad
4/7/1971 - 3/22/2005
P - Ray & LaRae Regis
GP - Bea Forbes

Roark, Kelli Colin
4/30/1990 - 8/30/1998
P - Joe & Angel Roark
B - Kyle & Kaleb Roark
GF - Ron Ellington

Romines, Makayla Gabrielle
4/3/96 - 8/27/15
M - Christy Jones

April Birthdays cont'd

Rusnack, Tamara
4/6/1972 - 7/23/2004
M - Donna Johnson

Rutkowski, Eric John
4/11/1981 - 7/16/2003
P - Linda & Ron Rutkowski
GP - Ray & Doris Pomorski

Salas, David Jeremy
4/16/94 - 7/8/15
P - Sandy & Miguel

Sluder, Keith Joseph
4/25/1964 - 5/11/2006
P - Tom & Judy Sluder
Children - Keith II and Miranda
Grandaughters - Kali & Ella Mae
S - Theresa & Kathryn
B - Tom III
N/N - Israel, Brandon & Brandy

Spellman, Xavier Lane
4/17/2006 - 4/17/2006
M - Veronica Lane

Todd, Joan
4/22/1960 - 3/12/2004
M - Mary McCord

Valrisco, Michael
4/7/99 - 9/17/15
P - Margaret & Peter Varisco

Wilson, Lisa A.
4/14/1978 - 7/5/2010
P - David & Patti Wilson



April Anniversaries

Baker-Dixon, Lori Kathleen
10/29/1975 - 4/12/2001
Mother to Ryan & Wife of Rusty Dixon
P - Donna & Ron Budd and
Marie & Bill Baker
S - Tracy Goodson & Phylcia Baker
B - Jamey Baker

Berry, Michelle
3/8/1967 - 4/2/2003
P - Joanne & Lawrence Ouellette
B - Russ, David, Scott & Joe
S - Denise Volo
Son - Bobby

Blazowich, Anthony Michael
2/20/1984 - 4/5/2006
P - Daniel & Marianne Blazowich

Buckley, Deja'
4/26/2001 - 4/26/2001
P - Lisa John & Wade Buckley

Burger, Jeffrey Robin
02/05/61 - 04/20/97
M - Cecelia Burger
B - Hal & Curt Burger

Cason, Todd
10/28/1968 - 4/12/2003
P - Earl and Kay Cason

Clark, Kellen William
3/16/82 - 4/15/02
F - Bill Clark

Corbett, Shaun
7/8/1985 - 4/23/2003
M - Ellen Corbett

Daniel, Michael John
8/19/1990 - 4/1/2010
P - Paul & Nadine Daniel
B - James Daniel
GP - Lewis John Daniel and
Steve & Margaret James

Decosta, Brittany
11/19/87 - 04/07/91
M - Kay Decosta

Dixon Jr., Anthony Howard
11/27/1978 - 4/1/1996
M - Brenda & Toney Dixon
B - David Dixon

Geiger, Jacob
4/9/2003 - 4/9/2003
M - Darla Geiger
B - Jared Geiger
S - Brooke Geiger
GP - Kenneth & Barbara Dykes

Hafford, Lauren Elizabeth
2/17/1977 - 4/13/1999
P - Gwen & John Hafford
S - Lindsay & Lesley Hafford

Hamm, Rusty
4/23/1960 - 4/2/2004
P - Ramon & Rita Hamm
Spouse - Joy St. Martin
Daughter - Sydney Hamm

Jones, Sherry
1/18/1971 - 4/27/2000
M - Brenda Copeland

Langford, Todd Allen
01/05/78 - 04/27/01
P - Fred & Janice Langford
B - Robbie Langford
S - Kathy Peterson
G/P - Betty Williams &
H.P & Ruby Langford

Leyde, Darek
7/17/1967 - 4/23/2003
P - Vern & Julie Leyde
S - Traci Gainforth

Lloyd, Briana
12/12/96 - 4/17/15
P - Lucile & Ed Lloyd

Makowski, Anthony
5/20/1983 - 4/24/2005
M - Cathy Makowski

Muse, Jennifer Lee
08/07/71 - 04/04/92
M - Gretchen Muse
F - Robert Muse, Jr.
GP - Bob & Gladys Muse
GM - Dorothy Deisch

Nelson, Bella
2/4/2004 - 4/26/2010
GM - Cyndi Nelson

O'Connor, Ashley Lauren
4/12/1991 - 4/8/1996
M - Pamela Hite-Bocchino
B - John O'Connor
GM - Victoria Hite

Pegram, Baby Boy
4/1976 - 4/1976
P - Earl & Susan Pegram
S - Jodi & Robin Pegram
B - Scooter & Craig Pegram
GP - Betty Jennings

Rardin, Kelly Rose
04/17/1993 - 04/17/1993
M - Lori Rardin

Shockey, Ann
11/08/56 - 04/26/70
P - Dick & Connie Shockey

Spellman, Xavier Lane
4/17/2006 - 4/17/2006
M - Veronica Lane

Stallard, Judy Lynn
02/28/1981 - 04/24/1981
M - Patricia (Stallard) Bass
F - Joe Stallard

Thomas, Destiny Jean
10/1/1990 - 4/24/1998
F - Craig Thomas
B - Braxton and Justin
GP - Betty Thatcher and
Marty & Carol Thomas

Thornton, Jeremiah
8/29/84 - 4/13/01
M - Tim & Sue Thornton
B - Jason
S - Amanda

Tucker, Vince
3/8/1972 - 4/26/2005
M - Glenda Tucker
A - Judith Gude

Valdez, Joseph Martin
6/3/1974 - 4/24/2007
M - Carolyn Aviles

Waller, Lauren Marie
12/12/1990 - 4/16/2000
M - Kristine Colding & Bryan Strahan
B - Christopher
S - Faith
GP - Joyce & Gene Waller

Wallowicz, Michael (Mikey) Kevin
10/23/1981 - 4/28/1990
P - Jim & Judy Wallowicz
B - Jimi Wallowicz
GM - Josie Varselona

Webb, Eric Richard
7/1/1985 - 4/2/1999
P - William & Kathleen Webb
B - David Webb

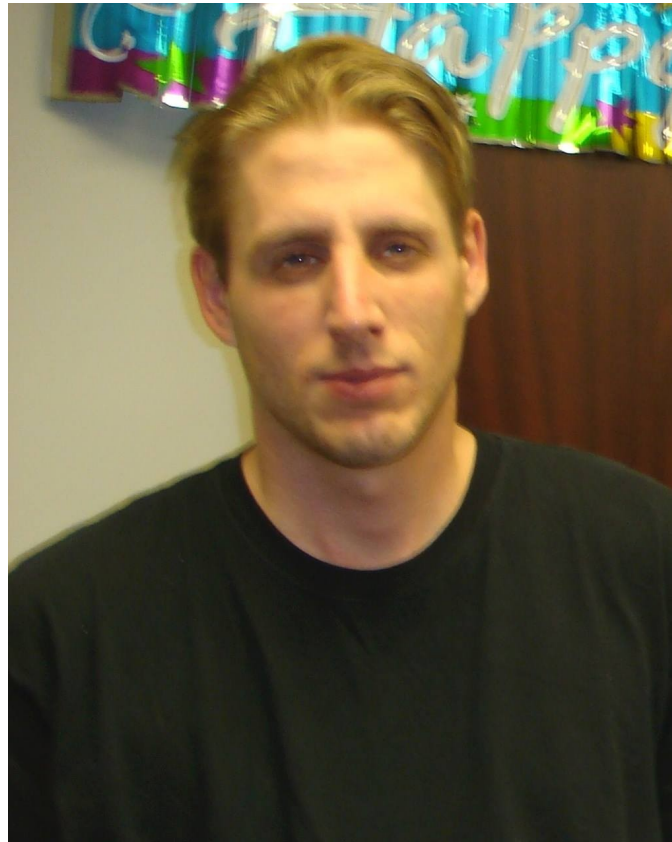
Williams, Travis Aaron
9/11/1979 - 4/19/2000
P - Bill & Linda Williams
GP - Loretta Ayers, Raymond Ayers &
Edna Williams

Wynne, Adam Charles
10/13/1971 - 4/24/1993
P - Chuck & Gloria Judson
S - Lori Wynne
Father to Morgan Wynne

Young, Billy
7/14/2003 - 4/17/2006
P - Bill & Sandy Young



MICHAEL DAVID HOLMBERG
1976 -2011



“Life is a book. The fact that it was a short book doesn’t mean it wasn’t a good book.”
Amos Tversky

Missed every day by your family.....

Love, mom



Reflections on March

By Dayton Robinson, Tuscaloosa, AL



March is a month of renewal. The dormant trees begin to stir, the birds optimistically sing of spring; the winds, sometimes violent, wake us up; perhaps we need a “shake” out of our winter lethargy; an awakening.

There is that urge to plant, to nourish, to grow a tree or a flower. There is the primordial urge to feel your hand digging in the warming earth. Perhaps we plan to because we know that someone will see the results, as we have enjoyed the results of others’ work.

It could be called a debt of renewal, a repayment for that which we have enjoyed. As we nourish small seedlings, we visualize the end results. That tree may die, as our children did. That tree may flourish beautifully, or it may meet ultimate disaster, but if that tree does well, it could be a source of great pleasure and of beauty for many coming years. We can believe that a seedling will be a glorious tree enjoyed by many. It’s a nice dream.

“To all things there is a season” and as life goes by, we simply cannot afford to miss the season, the renewals, the chances for new growth. Regardless of our grief and regrets, life goes on, and we must try not to miss a season. Life simply will be, whether we participate or not. Someone will benefit from constructive growth, if we can find the energy to make the effort.

Severe grief, for a time, reduces our interest and our ability to participate fully in life. With a low energy level and little initiative and with our hopes for the future severely damaged, it requires great effort for the bereaved to learn to again enjoy the small things that make up most of our lives. Our hopes for the future are so damaged that there is little incentive to work today for the future. The things that exist today comprise the basics of our future. We run a risk and a danger of missing the good things that are to be, because we do not have the wish to participate in the things that are today.

Although we need a time of some withdrawal, some time to ponder the unanswered questions, some time to heal, we also need to be aware of the lives that are passing.

Regardless of our grief, life simply goes on, and there is much good that we risk losing if we stay too long in a state of suspense of the present and a sad review of the past.

A part of learning to “accept the unacceptable” is to learn to make the effort to sort out the good memories and take them with us into a future that will be happy again.

There comes a time when the harsh winter of our damaging grief will give way to some awakening, a time when we, like nature, can shake off some of the lethargy and see and feel the renewals life offers. Our choice is to remember that we could not control the advent of disaster. We can only control our response. Our choice is now only in the way in which we respond to the necessity to pick up the threads of our life and go on.

We owe it to ourselves to make a positive effort. We can hope that those buffeting winds of March can help us awaken to the renewals of spring and put the “winter of our disaster” in its place, now a part of our ongoing lives.

Source: [www.bpusachicagoland.org/images/Newsletters / BPUSACHicagolandNewsJanFebMar2014.pdf](http://www.bpusachicagoland.org/images/Newsletters/BPUSACHicagolandNewsJanFebMar2014.pdf)



There is a sacredness in tears. They are not the mark of weakness, but of power. They speak more eloquently than ten thousand tongues. They are the messengers of overwhelming grief, of deep contrition, and of unspeakable love.

—Washington Irving

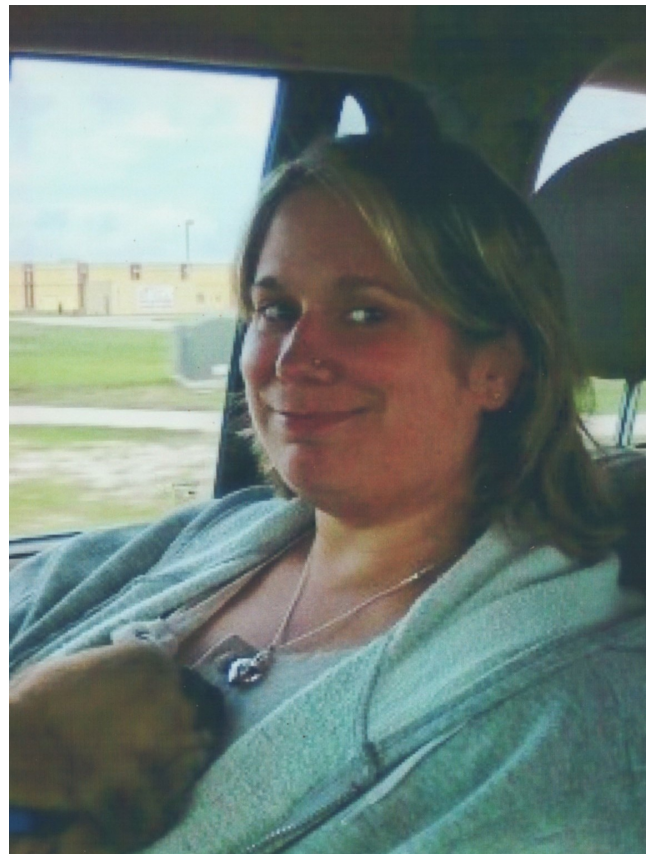




Lisa, we have no words to express how much we love and miss you every moment of every day.

Love You!

Mom and Dad



ONGOING FUNDRAISERS

We have added a new page to our website and to our newsletter. It will be for ongoing fund raisers. There are already a couple of companies who have an ad and will be making a donation to Bereaved Parents when their items are purchased. If any of you have businesses and would like to advertise, please get in touch with Debbie by calling 813-501-9567 or emailing debbie.bpnews@gmail.com.

Please check out the first two companies who are participating. There is more information on our site.



Please check this page out. The link on our website will take you to their website where you can order one of these very well made, soft, beautiful angels with long arms and a Velcro closure so they can actually hug you. Be sure to go through the link on our webpage so that Bereaved Parents gets the generous amount being donated with each purchase.

Thanks to those who have ordered from Heavenly Hug. We appreciate your support.

<http://www.bpusatampabay.com/>

We are happy to present our newest fund raiser **Rosemary's Angels**

We sold these at the Candle Lighting. We still have some and will take orders if we sell out.



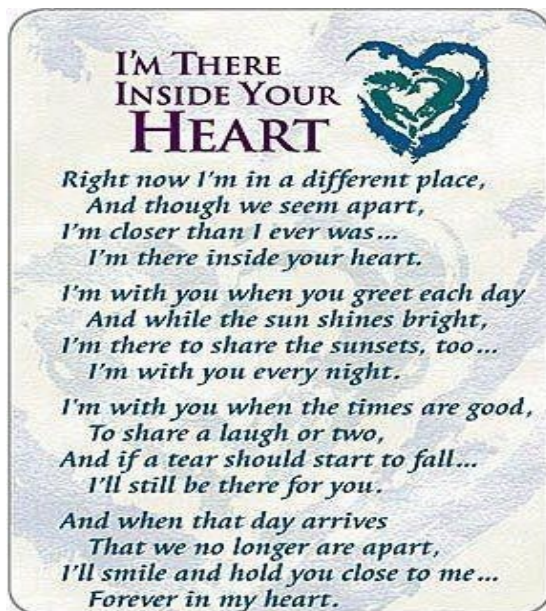
This angel is about 2 inches tall with a wing span of 1 ½ inches. It is all silver except for the pearl head and gold halo.

Can be purchased with bail, pin, or visor clip.

Cost \$15.00

The Christmas ornament is molded and plated. A ribbon is put through the hole at top of the angel (bail) so it can be hung on the tree. I added the butterfly because of your organization symbol. This ornament is about 3 inches tall, wing span about 2 1/4 , all silver except for the gold butterfly and halo. The ornament is heavier than the angel pins. Also a name can be engraved on the back of the angel ornament.

Cost \$20.00



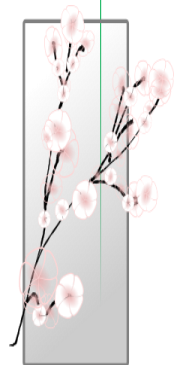
Valse Triste

from WINTERSUN

*by Sascha
(L.A.R.G.O. Inc. 1996)*

Spring again, spring again,
Lovely and warm and bright.
Spring again, spring again,
blossoms wait, smiling.
Spring again, spring again.
Memories look at me.
You will not see this spring.
You will not know this spring.
Child of the other life,
help me to dance.

Source: www.bpusachicagoland.org/images/Newsletters/BPUSAHinsdaleNewsWebMar-Apr13.pdf



Our Credo

We are the parents whose children have died. We are the grandparents who have buried grandchildren. We are the siblings whose brothers and sisters no longer walk with us through life. We come together as Bereaved Parents of the USA to provide a haven where all bereaved families can meet and share our long and arduous grief journeys.

We attend monthly gatherings whenever we can and for as long as we believe necessary. We share our tears, confusion, anger, guilt, frustrations, emptiness, and feelings of hopelessness so that hope can be found anew. As we accept, support, comfort and encourage each other, we demonstrate to each other that survival is possible.

Together we celebrate the lives of our children, share the joys and triumphs as well as the love that will never fade. Together we learn how little it matters where we live, our color, our affluence, or what faith we uphold as we confront the tragedies of our children's deaths. Together, strengthened by the bonds we forge at our gatherings, we offer what we have learned to each other and to every more recently bereaved family.

We are the Bereaved Parents of the USA.
We Welcome You.



Address Correction Requested

The Bereaved Parents of the USA
P.O. Box 7034
Brandon, FL 33508

October - November 2013
POSTMASTER - Dated Material
Please do not delay.

